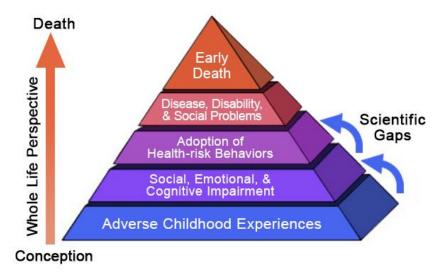
Adverse Childhood Experiences

Ten categories of childhood trauma, or adverse childhood experiences (ACEs) were identified in a research study conducted by *Kaiser Permanente*, a managed care consortium, and the *Centers for Disease Control and Prevention*, a federal agency of the US Dept. of Health and Human Services:

- 1. Physical abuse
- Sexual abuse
- 3. Emotional abuse
- 4. Physical neglect
- 5. Emotional neglect
- 6. Mother treated violently
- 7. Household substance abuse
- 8. Household mental illness
- 9. Parental separation or divorce
- 10. Parental Incarceration

The study demonstrated an association of ACEs with problems throughout the lifespan, including:

- Cognitive, social, & emotional impairment
- Adoption of health-risk behaviors
- Disease, disability, & social problems
- Early death



For more about this continuing study, a treasure trove of current data, plus information about the lifelong effects of adverse childhood experiences, visit the Centers for Disease Control and Prevention at: www.cdc.gov/ace.